

Week 1 2 3



Fresh Ideas Feeding Minds

# Weekly Menu



Autumn & Winter

Monday

Tuesday

Wednesday

Thursday

Friday



Margherita Pizza with Potato Wedges (v)

Breaded Chicken with a Dip and Mexican Rice

Chipolata Sausages with Yorkshire Pudding and Mashed Potato

Beef Bolognese with Pasta

Breaded Fish Fingers with Chips

Alternatively

Alternatively

Alternatively

Alternatively

Alternatively



Tex Mex Chilli with Steamed Rice (v)

Cheese and Tomato Pasta Bake (v)

Plant Sausages with Yorkshire Pudding and Mashed Potato (v)

Sweet Potato and Lentil Curry with Steamed Rice (v)

Garden Vegetable Goujons with Chips (v)

Lemon Cupcake

Pear and Ginger Sponge with Custard

Oaty Cookie

Beetroot Brownie

Vanilla Crunch Bar with Apple Wedges

Week One: 4 Nov | 25 Nov | 16 Dec | 20 Jan | 10 Feb | 10 Mar | 31 Mar - Fresh Fruit Available Daily



Week 1 2 3



Fresh Ideas Feeding Minds

# Weekly Menu



Autumn & Winter

Monday

Tuesday

Wednesday

Thursday

Friday



Margherita Pizza with Potato Wedges (v)

Beef Burrito Bake with Steamed Rice

Roast Chicken with Stuffing and Roast Potatoes

Pork and Carrot Meatballs in Tomato Sauce with Pasta

Breaded Fish Fingers with Chips

Alternatively

Alternatively

Alternatively

Alternatively

Alternatively



Spanish Omelette with Potato Wedges (v)

BBQ Plant Balls with Pasta (v)

Cheese and Potato Pie (v)

Vegetable Risotto (v)

Vegetarian Enchilada with Chips (v)

Autumn Feast Muffin

Cocoa Mousse

Toffee Cream Shortbread

Apple Crumble with Custard

Flapjack with Orange Wedges

Week Two: 11 Nov | 2 Dec | 6 Jan | 27 Jan | 24 Feb | 17 Mar - Fresh Fruit Available Daily



Week ① ② ③



Fresh Ideas Feeding Minds

# Weekly Menu



Autumn & Winter

Monday

Tuesday

Wednesday

Thursday

Friday



Margherita Pizza with Tomato Pasta (v)

Chicken Curry with Steamed Rice

Roast Chicken with Stuffing and Roast Potatoes

Beef Burger in a Roll with Potato Wedges

Breaded Fish Fingers **or** Salmon Fingers with Chips

Alternatively

Alternatively

Alternatively

Alternatively

Alternatively



Vegemince Curry with Steamed Rice (v)

Cheesy Pasta (v)

Lentil Roast with Roast Potatoes (v)

Homemade Bean Burger in a Roll with Potato Wedges (v)

Cheese and Potato Pastry Pinwheel with Chips (v)

Cocoa Sponge with Sauce

Vanilla Ice Cream

Shortbread with Apple Wedges

Fruit Jelly

Iced Sprinkle Cake

Week Three: 18 Nov | 9 Dec | 13 Jan | 3 Feb | 3 Mar | 24 Mar - Fresh Fruit Available Daily